



ADLER

SPA RESORT  
THERMAE

Bagno Vignoni - Toscana



## Thermal spa holiday

A delight for eye, body and heart

*Where gentle hills dot the landscape, the scent of cypresses fills the air and steaming thermal water relieves all tension, coming to rest is easy. Nestling in a unique location in the hilly Tuscan landscape, the **ADLER Spa Resort THERMAE** is not just a place for personal relaxation, it is also the ideal starting point for truly getting to know the region. Immerse yourself in our soothing spa and an environment of enchanting beauty.*

### ADDRESS

#### ADLER Spa Resort THERMAE

53027 Bagno Vignoni  
San Quirico d'Orcia, Siena  
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info@adler-thermae.com  
www.adler-thermae.com

### PROPERTY

Family Sanoner

### OPENING PERIOD

All year round - closed in January

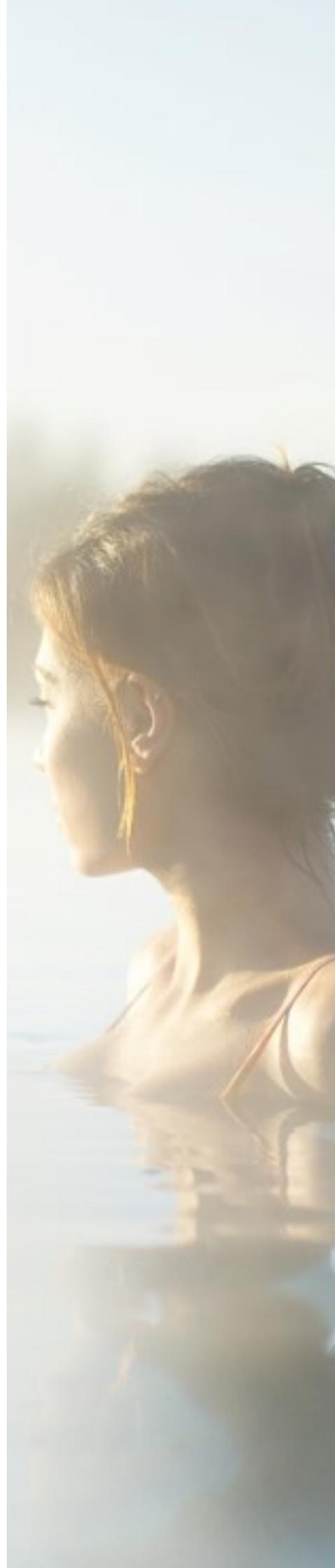
### CATEGORY

5 stars

### LOCATION

Adler Thermae is located in the very heart of the **Val d'Orcia Natural Park, a UNESCO World Heritage Site** recognised for its outstanding natural beauty. The hotel stands just a few minutes' walk from the **ancient spa village of Bagno Vignoni**, where the thermal waters were already known for their healing qualities by the Etruscans and Romans. Illustrious visitors, such as Lorenzo the Magnificent, Pope Pius II and Saint Catherine of Siena, as well as several writer and poets including Oscar Wilde, have made the journey to the thermal waters over the years.

Located in southern Tuscany, the Val d'Orcia experiences a temperate climate making it suitable for holidays year-round. There is plenty to see and do in the immediate vicinity, as well as a little further afield. In addition to beautiful landscapes and picturesque Tuscan towns, this part of Italy is famed for its wines, including Brunello di Montalcino and Vino Nobile di Montepulciano.



## ACCESS

Nearest **airports** are as follows, including private transfer times:

Perugia	110km	75 mins
Florence	180km	105 mins
Pisa	230km	150 mins
Rome	210km	145 mins

Sixt car rental: Through our partnership with **Sixt**, our ADLER guests benefit from special and exclusive mobility packages. These packages are only valid for bookings on the page [www.sixt.com/Adler](http://www.sixt.com/Adler).

## PARKING

Free indoor parking

## ROOMS

**90 rooms** in total, with the following room types available:

**79 Superior Double Rooms (35 sq m, for two people)**

**11 Family Suites (50 sq m, for four people)**

All the rooms have a seating area with coffee table, sofa, writing desk and an armchair. The decor features rich wood furnishings, with warm-coloured soft furnishings. The marble bathroom features a deep bath-tub in which to soak and a separate glass-enclosed shower, plus a hairdryer. All rooms and suites have bio-climatisation\*, a room safe, a minibar, Satellite TV (with English channels), ADSL-Internet plug-in, and a terrace or a balcony.

\*In order to create an environment of complete wellbeing, a bio-climatisation system has been developed in the hotel. This innovative system avoids the unhealthy effects of air-conditioning regulating both temperature and humidity automatically through pipe work in the walls, ceiling and floor.



## WELLNESS & SPA

The undoubted highlight of the wellness facilities at Adler Thermae are the **pools filled with hot thermal water** piped direct from the Bagno Vignoni natural spring; the water temperature at the source is approximately 50° C but has been reduced to 36° C by the time it reaches the Adler's pools.

The key values in the Adler Spa are authenticity and quality: charming well-trained staff pamper guests with divine smelling organic products and there is an atmosphere of pure peace and tranquillity in the relaxation rooms.

- 2 thermal pools at a temperature of 36° C;
- A lap pool with a "Wild River" water stream
- A kids' pool (36° C)
- Exotic "Argillae" mud bath
- Finnish sauna on the spa lake
- Steam rooms – one Etruscan, one in a travertine cave, one herbal
- Mystical underground Salt Grotto using Dead Sea salts
- Separate ladies' sauna

## MEDICAL PROGRAMME

The hotel has a highly **qualified team of doctors** and experts onsite who specialise in the fields of regenerative, preventive, complementary and gentle aesthetic medicine.

Detox programmes, weight loss and innovative non-invasive aesthetic treatments including mini-lifting with laser or Carb-Oxygen are all available on site, as are programmes that assist ailments particularly relating to the joints and muscles, like osteoporosis and arthritis.

## ADLER FIT

The hotel's fitness centre has a large panoramic window overlooking the Tuscan hills. There is a Monday to Friday fitness programme with indoor classes, such as Pilates, Fat Burner, Aqua Gym, Aqua Pilates, Yoga, Hydro bikes, and outdoor activities, like mountain bike and walking tours



## F & B

### RESTAURANT

The restaurant has been built in typical Tuscan style, with a romantic “piazzetta” (square) that has a retractable glass-roof, which can be moved back in warmer weather so guests can enjoy stargazing over dinner al fresco.

### CULINARY

The Thermae kitchen offers great culinary variety as well as the best of traditional Tuscan cooking; in addition “fit & healthy” and vegetarian dishes are served daily.

Precious and rare wines, such as Brunello and Rosso di Montalcino, Vino Nobile di Montepulciano, Chianti and other Italian specialities can be found in the wine cellar “In vino Veritas”: Weekly wine tasting evenings are held in the cellar.

There is a cocktail bar with panoramic terrace, close to reception, where guests can enjoy a pre- or post-dinner drink to the accompaniment of live music.



## SIGHTS

A number of **beautiful medieval villages** including:

S. Quirico d'Orcia (5km)

Pienza (17km)

Montalcino (22km)

Montepulciano (35km)

Siena (55km)

The beautiful abbeys of Monte Oliveto Maggiore and Sant'Antimo

## SHOPPING

Tuscan food products (olive oil, wine, pasta etc)

Arezzo (100km), famous for its antiques & with Valdichiana outlet shopping close by

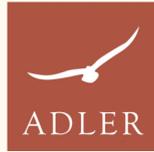
## ACTIVITY PROGRAMME

Endless sport and excursion options. In a place where nature can still be as it is. The **Val d'Orcia** is a paradise for outdoor enthusiasts. In the yellow-green hills of the UNESCO World Cultural Heritage Site, you can cycle through historic villages or hike and enjoy a tasting in picturesque wineries – right from the resort. Take advantage of our wide range of guided activities: There is probably no more authentic way to get to know the country and its people than with a passionate local guide!

## AKI KIDS CLUB

The AKI Kids Club is open every day for kids **from the age of 4** and up. The activities include sports, art, indoor and outdoor programmes, and a lot of fun! Babysitting service is available upon request and payment. Children under 4 years are only allowed if accompanied by a parent.





## CONTACT

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ADLER Spa Resort THERMAE

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